



# mPULSE

## mPulse<sup>®</sup> 3 in 1<sup>®</sup> Infrared Sauna

A customizable light  
therapy experience.





# REJUVENATE





It's easy to get addicted to the mPulse sauna. Take refuge from stress, reclaim your peace, and take care of your body and mind inside a peaceful sauna sanctuary. There's no unbearable heat. Enveloped in gentle, therapeutic infrared warmth, you'll love how you feel during and after your session.

- Highest *quality* and *quantity* infrared available
- Sunlighten patented SoloCarbon® 3 in 1° infrared, proven 99% effective
- 3 precise wavelengths (near, mid and far) best absorbed by the body
- Clinically-proven to raise core body temperature 3°
- Surrounded in beautiful, all-natural, non-toxic wood
- Ultra-low EMF technology





"I'm in love with saunaing in the mPulse. I feel amazing after a session. My mind is clear and calm, and my body feels light and rejuvenated. It feels so good to know I'm taking care of myself."

—Jennifer M., mPulse sauna user







mPulse Empower

An escape that gifts you with renewed energy and healing for your mind, body and spirit.







mPulse Empower

### Sound Therapy

Take your stress relieving experience to the next level with Acoustic Resonance Therapy ("A.R.T."). The sonic technology creates calm healing effects using sound and vibration therapy. Ask if your experience will include sound therapy.





# HEALTH

## HEALTH BENEFITS

Near, mid, and far infrared wavelengths help you feel even more amazing after a massage, facial, workout, or even as a stand-alone treatment. The health benefits increase with regular use over time.

Select one of six health programs and know the warmth you feel is delivering what you need because Sunlighten's mPulse sauna delivers precise combinations of near, mid, and far wavelengths at the optimal dosage for each health focus, based on clinical studies.

### **Detoxification**

Infrared waves penetrate at the cellular level to help eliminate toxic heavy metals, drug residues, and hormone disruptors. It also helps with lymphatic drainage and supports the body's detox systems.

### **Weight Loss**

Raising core body temperature can increase circulation similar to cardio exercise, stimulate metabolism, and help eliminate toxins that cause fat storage, making your session a great support to weight management.

### **Heart Health**

Sunlighten's far infrared technology has been clinically proven to temporarily reduce both systolic and diastolic blood pressure.

**Near** (880 nanometers)



**Mid** (6.7 microns)



**Far** (9.4 microns)



### **Anti-Aging**

The near infrared LED light therapy panel helps stimulate cell growth and rejuvenate skin. Sweat also helps skin appearance as pores open from the deeper sweat induced by our infrared light therapy.

### **Muscle Recovery**

Infrared sauna therapy penetrates muscles deeper, increases blood flow, and helps the body recover faster.

### **Immunity**

Infrared activates the immune system by raising core body temperature that mimics a fever. Sunlighten's infrared is proven to raise core body temperature 3 degrees.

# BENEFITS





mPulse Conquer

  
sunlighten®

feel better. do more. live fully.  
877.292.0020 | [sunlighten.com](https://www.sunlighten.com)